

# Tinnitus and Hearing Survey

## A. Tinnitus

Over the last week, tinnitus kept me from sleeping.

No, not a problem  
Yes, a small problem  
Yes, a moderate problem  
Yes, a big problem  
Yes, a very big problem

0 1 2 3 4

Over the last week, tinnitus kept me from concentrating on reading.

0 1 2 3 4

Over the last week, tinnitus kept me from relaxing.

0 1 2 3 4

Over the last week, I couldn't get my mind off of my tinnitus.

0 1 2 3 4

Total of each column

Grand Total

## B. Hearing

Over the last week, I couldn't understand what others were saying in noisy or crowded places.

0 1 2 3 4

Over the last week, I couldn't understand what people were saying on TV or in movies.

0 1 2 3 4

Over the last week, I couldn't understand people with soft voices.

0 1 2 3 4

Over the last week, I couldn't understand what was being said in group conversation

0 1 2 3 4

Total of each column

Grand Total

## C. Sound Tolerance

Over the last week, sounds were too loud or uncomfortable for me when they seemed normal to others around me.\*

0 1 2 3 4

If you responded 1, 2, 3, or 4 to the statement above:

Please list two examples of sounds that are too loud or uncomfortable for you, but seem normal to others:

\*If sounds are too loud for you while wearing hearing aids, please tell your audiologist.

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